Forever in Our Hearts

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Guillaume Richard (FR) - August 2026
Music: Forever In Our Hearts - HEDEGAARD

Intro: 16 counts

Tag: At the end of walls 2, 3 & 5, add the next 4 counts

1-4	Cross RF over LF (1), Step LF back (2), Step RF to R (3), Cross LF over RF (4)

Restart: During wall 8, dance the first 16 counts and restart the dance facing 6:00

[1 – 8] Side, Behind, Kick Ball Cross, Side Rock, Cross Shuffle

1-2	Step RF to R (1), Cross LF behind RF (2) 12:00
3&4	Kick RF fwd to R diagonal (3), Step down on RF next to LF (&), Cross LF over RF (4) 12:00
5-6	Step RF to R (5), Recover on LF (6) 12:00
7&8	Cross RF over LF (7), Step LF to L (&), Cross RF over LF (8) 12:00

[9 – 16] L Grapevine with ¼ turn, Brush, Rocking Chair

1-2	Step LF to L (1), Cross RF behind LF (2) 12:00
3-4	Make ¼ turn L stepping LF fwd (3), Brush RF fwd (4) 9:00
5-6	Rock RF fwd (5), Recover on LF (6) 9:00
7-8	Rock RF back (7), Recover on LF (8) 9:00

[17 – 24] Slow Chase Turn Step, Brush, Heels Taps x3, Step Together

1-2	Step RF fwd (1), Make ½ turn L stepping onto LF (2) 3:00
3-4	Step RF fwd (3), Brush LF fwd (4) 3:00
5&6&	Tap L heel fwd (5), Step LF back next to RF (&), Tap R heel fwd (6), Step RF back next to LF (&) 3:00
7-8	Tap L heel fwd (7), Step LF back next to RF (8) 3:00

[25 – 32] Rock Step, Shuffle ½ turn, Rock Step, Shuffle ½ turn

1-2	Rock RF fwd (1), Recover on LF (2) 3:00
3&4	Make ¼ turn R stepping RF to R (3), Step LF next to RF (&), Make ¼ turn R stepping RF fwd (4) 9:00
5-6	Rock LF fwd (5), Recover on RF (6) 9:00
7&8	Make ¼ turn L stepping LF to L (7), Step RF next to L (&), Make ¼ turn L stepping LF fwd (8) 3:00