Hole In My Heart



Count: 32 Wall: 4 Level: Beginner

Choreographer: Susan Duncan (USA), Rob Fowler (ES) & I.C.E. - November 2020

Step Right To Right Side, Touch Left Next To Right

Step Left To Left Side, Step Right Behind Left

Music: Hole in My Heart - Rod Stewart (Album: Blood Red Roses (Deluxe Version) 3:26)



Intro: 32 counts (approximately 14 seconds)

S1: Side R	ight, Touch Left, Side Left, Touch Right, Side Right, Together, Side Right, Touch Left
1-2	Step Right To Right Side, Touch Left Next To Right
3-4	Step Left To Left Side, Touch Right Next To Left
5-6	Step Right To Right Side, Step Left Together
7-8	Step Right To Right Side, Touch Left Next To Right 12:00
S2: Side Lo	eft, Touch Right, Side Right, Touch Left, Vine ¼ Turn Left, Touch Right
1-2	Step Left To Left Side, Touch Right Next To Left

C2: K Ston

3-4 5-6

7-8

S3: K Step	
1-2	Step Right Diagonally Forward Right, Touch Left Next To Right
3-4	Step Left Diagonally Back Left, Touch Right Next To Left
5-6	Step Right Diagonally Back Right, Touch Left Next To Right
7-8	Step Left Diagonally Forward Left, Touch Right Next To Left Facing Forward 9:00

Make 1/4 Turn Left Stepping Forward Left, Touch Right Next To Left 9:00

S4: V Step, Heel Swivels, Hold

1-2 Step Right Out Diagonally Right, Step Left Out Diagonally Left

(arm option: sway both arms up and over to the right when stepping out to the right, sway both arms up and over to the left when stepping out to the left then return arms to place)

3-4 Step Right Back To Center, Step Left Beside Right

5-8 Swivel Heels Right, Left, Back To Center, Hold (Weight on Left) 9:00

Start Over

TAG: Hip Bumps Occur On The Strong Beats Of Music:

At The End of Wall 3 (Facing 3:00)

During Wall 8 - Dance Up To and Including Count 28 (V Step Facing 12:00),

Dance The Tag Then Restart

At The End of Wall 12 (Last 8 Counts of Music to Finish Facing 12:00)

1-2 Hip Bumps R, R 3-4 Hip Bumps L, L

5-8 Hip Bumps R, L, R, L (Pop hip on count 8)