

# Woman Power

**Count:** 32    **Wall:** 4    **Level:** High Beginner

**Choreographer:** Roy Verdonk, & Sebastiaan Holtland, Netherlands – February 2020

**Music:** Te Gusto - Baby Lores ft. Dayami La Musa (Single 2019) (iTunes & other mp3)  
(approx 3.04 mins.)



## No Tags Or Restarts.

**Introduction: 16 counts, start approx 09 sec.**

### Part 1. [1-8] Walks Fwd R, L, Step & Swivel, Walks Back R, L, Coaster Step R.

1,2                      Walk Rf fwd (1), Walk Lf fwd (2).  
3&4                     Step Rf fwd (3), Swivel both heels right (&), Swivel both heels back to centre weight onto Lf (4).  
5,6                     Walk Rf back (5), Walk Lf back (6).  
7&8                     Step Rf back (7), Step Lf beside Rf (&), Step Rf fwd (8).

### Part 2. [9-16] ¼ Step Turn R, Cross Shuffle L, Out Steps R, L (african style), Side Chasse R.

1,2                     Lf step forward , make 1/4 turn right Taking weight onto Rf (2). (03.00)  
3&4                     Step Lf across Rf (3), Step Rf slightly to R (&), Step Lf across Rf (4).  
5,6                     Step Rf big out to R (5), Step Lf big out to L (6).  
7&8                     Step Rf to R (7), Step Lf beside Rf (&), Step Rf to R (8).

### Part 3. [17-24] L Cross, ¼ Turn L, Back, Side Chasse L, Syncopated Side Points R, L, R, Clap Hands Twice.

1,2                     Step Lf across Rf (1), Make ¼ turn L (12.00) step Rf back (2).  
3&4                     Step Lf to L (3), Step Rf beside Lf (&), Step Lf to L (4).  
5&6&                    Point Rf out to R (5), Step Rf beside Lf (&), Point Lf out to L (6), Step Lf beside Rf (&).  
7&8                     Point Rf out to R (7), Clap with both hands together twice upper your head (&8).

### Part 4. [25-32] Rocking Chair R, 2x 1/8 Pivot Turn L with Hip Actions.

1,4                     Rock Rf fwd (1), Recover back onto Lf (2), Rock Rf back (3), Recover back onto Lf (4).  
5,6                     Step Rf fwd (5), Make 1/8 over L (10.30) taking weight onto Lf (6).  
7,8                     Step Rf fwd (7), Make 1/8 over L (9.00) taking weight onto Lf (8).

**REPEAT DANCE AND HAVE FUN!!**

**Dance edit, email: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**